

STUDY EXCHANGE AND INTERNSHIP ABROAD

Opportunities at University West

www.hv.se/utland

www.hv.se/goabroad



Why exchange studies?

- Experience new cultures
- Broaden your education and improve your job opportunities
- Improve your language skills
- Meet new friends and have fun!

How does it work?

Exchange agreements (EU/EES countries, overseas)

Creates study spaces to apply for

Each department signs their own agreements with specific partners within specific subject areas

Scholarship programmes (EU/EES mostly)

Enables financing parts of the cost

ERASMUS+ (studies and internship) and ERASMUS ICM

If you apply for a study seat at a partner university within EU/EES, you automatically get the ERASMUS+ scholarship if you get the seat.

You are also able to apply for extended grant from CSN during studies abroad

What possibilities do I have?

Depends on programme studies

Some programmes have an elective semester of studies, some have smaller windows

Depends on partner agreements

Which partner universities your department has signed agreements with and within which subject areas they offer courses in English

<https://www.hv.se/en/student/studies/internship-and-studies-abroad/exchange-at-your-department/>

(in Swedish: <https://www.hv.se/student/studier/utlandsstudier/institution/>)

If you do not have a “window” within your study programme, you are able to apply for exchange studies overseas (outside EU/EES) or Erasmus+ internship within EU/EES at the end of your programme before you apply for your degree certificate.

Erasmus+ Studies

- Exchange studies at one of our partner universities in Europe
- 2-12 months
- *Erasmus scholarship basically 400 EUR per month (510 for partner countries Denmark, Finland, Ireland, Iceland and Norway)*
- *Top-up for internship at 150 EUR per month*
- *Students with children and students with functional disabilities have the right to extra top-up during their stay abroad, 250 EUR per month.*



Erasmus+ Internship

- Internship at a company or institution in Europe (you arrange yourself)
- Tasks related to your subject
- 2-12 months



Overseas agreements

- 1 semester or 1 academic year at a partner university outside EU/EEA
- From your second academic year
- No Scholarship but possibility to apply for smaller scholarship for additional costs (www.hv.se/stipendier)



What's the procedure after application?

Notification of selection result

- We will send you an offer of your seat – which you can accept or decline

Nomination

- If you accept, we will issue a letter of acceptance from us and let the partner university know we have selected you (nomination)
- You will then receive information from the partner university on how to apply, course offering etc.

Application partner university

- Together with the departmental coordinator at your department you will then look at which courses you should take – and submit an application for exchange studies at the partner university. This is so that they know what you want to study and can prepare for your semester.
- Further on you will also receive information on how to apply for accommodation from them, information on arrival and semester start etc.

Application

Application for studies abroad:

- Apply online, it opens 15 December
- Top 3 choices (check courses offered in English to make sure they have ones you want to study)
- Deadline 15 February 2023

Application for ERASMUS+ internship:

- No deadline (apart from Health Science agreements – same as above)

<https://www.hv.se/goabroad>

www.hv.se/ansokanut



How do I apply?

You apply through the system Mobility-online:

1. A link will take you to the application for which you submit (link available at our web pages)
2. You will then receive an e-mail to create an account in the system
3. Once you have created your account, you will be able to login and enter personal data
4. Next you will need to upload:
 - Transcript of records of your studies (in English, you can get them from Ladok/My Studies)
 - Motivation letter (in English)
5. **IMPORTANT!** Finally you need to approve for us processing your documentation (check-box)

You will get information on what to do next through the system, so enter the e-mail address that you use regularly – and make sure to monitor it.



What if I need help?

Choosing partner universities, course selection etc

See recommended partners at your programme web pages

Contact your departmental coordinator

<https://www.hv.se/en/student/support-and-service/Departmental-Coordinators/>

How to apply, documentation and other issues

Contact us at International Office

You will find us each Thursday lunch (12-13) in the main cafeteria

You can reach us by Zoom (12-13) each Monday

<https://hv-se.zoom.us/j/63407573786?from=addon>

Maria MacDonald

maria.macdonald@hv.se

or

international@hv.se



Others

Summer schools

Check [this link](#) for current summer schools abroad

Free mover

Independent plan for studies abroad

Questions?

